

Xavier University Bhubaneswar
University Dialogue Series (UDS)

Date: 26 August 2016

Time: 03.30 pm

Venue: Class Room 12

Tools of Mind

Speaker:

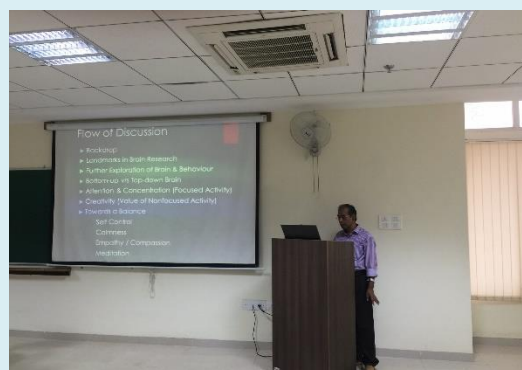
Prof. F.M. Sahoo

XIMB

Xavier University Bhubaneswar

The concept of 'Tools of Mind' evolved from the recent findings in Psychology and Neuro-scientific research. Operation of complex equipment requires a manual. Similarly, optimal use of mind (software) and brain (hardware) requires a supportive manual. The presentation 'Tools of Mind' would serve as a guideline for harnessing the unlimited potential of mind.

A basic feature of the presentation involves a broad spectrum of themes. It begins with the cognitive reevaluation in the twentieth century followed by the paradigm crisis and paradigm shift of the affective revolution. The modern methods of studying brain functions are indicated and the concept of hemispheric lateralization in the context of emotional intelligence is explicated. The basic laws governing experience and expression of human emotion are discussed. Magic implications for emotional well-being in general and leadership potential in particular are outlined. In sum, the presentation includes the following highlights, viz., i) methods of studying brain functions, ii) landmarks in brain research, iii) trichotomy of intelligence (IQ, EQ, SQ), iv) basic laws of emotion, v) brain plasticity and vi) tips for leadership and well-being.



Key Words: Mind, Brain, Tools, Paradigm

Faculty Coordinator: Prof. Kalpana Sahoo and Satyendra Nath Mishra

Administrative Coordinator: Madan Mohan Barik

Email: uds@xub.edu.in; Internal Phone: 7835 / 7752 / 7789

Phones: +91 674 2377700; Fax: +91 674 2300995